

Special Issue

The Impact of Digital Technologies and AI-Powered Personalized Lifestyle Interventions on Health-Related Outcomes

Message from the Guest Editor

We are pleased to invite you to contribute to our journal in a highly contemporary area of healthcare. Digital technologies are revolutionizing healthcare by improving patient outcomes, increasing efficiency, and lowering costs. Digital healthcare apps have also revolutionized how individuals access and manage health services. These apps span a wide range of functions, from personal wellness and fitness tracking to chronic disease management. Digital technologies and artificial intelligence (AI) in healthcare are not only enhancing patient care but also driving innovations that could redefine healthcare delivery globally. Articles on lifestyle interventions should focus on exercise, nutrition, sleep, stress, and alcohol/smoking cessation, either singularly or as part of a multi-component intervention, and on how these impact health outcomes across a wide age span and multiple medical specialties. We look forward to receiving your contributions.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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