Special Issue

Pain Management in Healthcare Practice

Message from the Guest Editor

People are suffering from acute or chronic pain due to work, diseases, etc. Pain is associated with significant physical and psychosocial incapacities, and interferes with people's daily and social activities. Persistent pain is associated with various adverse outcomes, including functional impairment, cognitive failure, depression, anxiety, falls, sleep and appetite disturbances, reduced social interaction and unnecessary healthcare use and expenditures. Pain is usually inadequately managed. Analgesics remain the primary approach to pain management, but people worry about adverse drug reactions. Non-pharmacological strategies, including pain education programmes, exercise programmes, massage, relaxation therapies, cognitive-behavioural therapy, listening to music, visual stimulation and motivational interviewing, are becoming increasingly popular. This Special Issue aims to serve as a platform for new scientific evidence on pain management in healthcare practice.

Guest Editor

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

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