

## Special Issue

# Frailty and Resilience Across Aging: A Holistic Approach to Elderly Care

### Message from the Guest Editor

We are pleased to invite researchers from the field of Geriatrics, Primary Healthcare, Nursing, Policymaking, Dietetics, and Physiotherapy of Healthcare management and all relevant fields that may participate in the holistic team-based approach of the frail older person in the community, at the hospital in Long-Term Care facilities to contribute valuable insights regarding a multidimensional holistic approach of frailty and resilience. This Special Issue aims to promote best practices, highlight everyday challenges, and enable the scientific discussion of the holistic approach of older people in need of care, namely those with frailty. In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following: preservation of resilience across aging, models of multidisciplinary approach of frailty, management of frail patients in the community setting, nutritional specificities of frail older people, and emerging needs in Long-Term Care.

### Guest Editor

Dr. George Soulis

Henry Dunant Hospital, Athens, Greece

### Deadline for manuscript submissions

30 June 2026



## Healthcare

an Open Access Journal  
by MDPI

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/si/219071](https://mdpi.com/si/219071)

*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)





# Healthcare

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)



## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

---

### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
(Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).