Special Issue

Frailty and Resilience Across Aging: A Holistic Approach to Elderly Care

Message from the Guest Editor

We are pleased to invite researchers from the field of Geriatrics, Primary Healthcare, Nursing, Policymaking, Dietetics, and Physiotherapy of Healthcare management and all relevant fields that may participate in the holistic team-based approach of the frail older person in the community, at the hospital in Long-Term Care facilities to contribute valuable insights regarding a multidimensional holistic approach of frailty and resilience. This Special Issue aims to promote best practices, highlight everyday challenges, and enable the scientific discussion of the holistic approach of older people in need of care, namely those with frailty. In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following: preservation of resilience across aging, models of multidisciplinary approach of frailty, management of frail patients in the community setting, nutritional specificities of frail older people, and emerging needs in Long-Term Care.

Guest Editor

Dr. George Soulis Henry Dunant Hospital, Athens, Greece

Deadline for manuscript submissions

30 June 2026



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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

issues.

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