

## Special Issue

# Clinical Psychology: The State of the Art

### Message from the Guest Editor

The current Special Issue aims to detail some of the current advances in scientific knowledge in the field of clinical psychology, by evaluating and publishing high-quality research papers. This Special Issue will detail the state of the art and elucidate the areas within clinical psychology that are receiving increasing attention, with reference to the clinical implications of such advances. Specifically, this Special Issue will discuss the psychopathological, dynamic, affective, cognitive and behavioural mechanisms contributing to mental health difficulties, together with assessment issues and the implications of such theories on clinical interventions. We aim to publish papers written by remarkable authors with research interests in line with current trends and future perspectives in the field. Accordingly, this Special Issue will attract representative, innovative and both theoretically and clinically relevant contributions, discussing evidence from both qualitative and quantitative studies in clinical psychology.

### Guest Editor

Dr. Emanuele M. Merlo

Department of Biomedical and Dental Sciences and Morphofunctional Imaging, University of Messina, 98125 Messina, Italy

### Deadline for manuscript submissions

closed (31 August 2024)



## Healthcare

an Open Access Journal  
by MDPI

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/si/151450](https://mdpi.com/si/151450)

*Healthcare*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)





# Healthcare

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)



## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

---

### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
(Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).