

## Special Issue

# Impact of Physical Activity on Chronic Diseases

### Message from the Guest Editor

The aim of this Special Issue is to provide an updated overview of the influence of physical exercise on different chronic diseases with a focus on prevention, as well as new and emerging issues, and to explore the promotion of physical exercise as a non-pharmacological treatment of disease. In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following: reliability studies, validity studies, correlational studies, observational studies, study protocols, longitudinal studies, cross-sectional studies, case reports, qualitative studies, discourse analysis studies, bibliometric reviews, narrative reviews, scoping reviews, systematic reviews, and meta-analyses.

### Guest Editor

Dr. María Mendoza Muñoz

Research Group on Physical and Health Literacy and Health-Related Quality of Life (PHYQOL), Faculty of Sport Science, University of Extremadura, 10003 Cáceres, Spain

### Deadline for manuscript submissions

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## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

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indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
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#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).