

Special Issue

Impact of Physical Activity on Chronic Diseases

Message from the Guest Editor

The aim of this Special Issue is to provide an updated overview of the influence of physical exercise on different chronic diseases with a focus on prevention, as well as new and emerging issues, and to explore the promotion of physical exercise as a non-pharmacological treatment of disease. In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following: reliability studies, validity studies, correlational studies, observational studies, study protocols, longitudinal studies, cross-sectional studies, case reports, qualitative studies, discourse analysis studies, bibliometric reviews, narrative reviews, scoping reviews, systematic reviews, and meta-analyses.

Guest Editor

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Deadline for manuscript submissions

31 May 2026



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/213352

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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