

Special Issue

Physical Activity Intervention for Non-Communicable Diseases

Message from the Guest Editor

We are pleased to invite you to contribute to our Special Issue 'Physical Activity Intervention for Non-Communicable Diseases'. The aim of this Special Issue is to explore the potential for physical activity interventions to prevent and manage non-communicable diseases, with a specialist interest in the potential mechanisms through which physical activity supports public health. We are also interested in examining the potential for physical activity to be utilised as a therapeutic intervention in specific subpopulations within society, including young people (including those with neurodivergent conditions), and older adults. This will allow us to explore the potential of physical activity to improve health across the human lifespan. In this Special Issue, original research articles and reviews are welcome. We look forward to receiving your contributions.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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