

Special Issue

Psychosocial Interventions during Spinal Cord Injury Rehabilitation

Message from the Guest Editors

Spinal cord injury (SCI) is a neurological disorder that leads to the partial or complete loss of motor, sensory, and/or autonomic functions below the level of the injury. Survivors are vulnerable to experiencing various physical and psychosocial complications during their long recovery process. Most SCI survivors experience depression and anxiety caused by the inability to effectively cope with one's disability, loneliness, low self-efficacy, unhealthy behaviors, difficulties in managing social relationships, social isolation, and a lack of support. Psychosocial interventions, which adopt single or combined psychosocial approaches such as cognitive behavioral therapy, mindfulness practice, skill training, psycho-education, supportive intervention, or counseling, are increasingly receiving recognition due to their ability to improve the mental health and overall well-being of individuals with SCI during their long-term rehabilitation. We are pleased to invite you to provide health professionals and researchers with evidence-based recommendations regarding the psychosocial interventions that may be employed during SCI rehabilitation.

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