

Special Issue

A Life Course Perspective on Achieving Healthy Aging

Message from the Guest Editors

Achieving healthy aging is a multifaceted challenge that demands an understanding of how biological, behavioral, social, and environmental factors accumulate and interact across the life course. The life course perspective offers a powerful lens to examine how early-life exposures, mid-life transitions, and later-life contexts shape health trajectories in old age. It recognizes that disparities in health among older adults often reflect cumulative advantages or disadvantages stemming from socioeconomic position, migration history, gender, education, occupation, and access to health services throughout life. This Special Issue invites contributions that adopt a life course approach to explore determinants and interventions related to healthy aging. We welcome empirical studies, methodological innovations, and policy analyses across disciplines, including public health, epidemiology, sociology, demography, and health services research. Topics may include the impact of early-life conditions on later-life health, intergenerational influences, transitions in care needs, and preventive strategies to promote wellbeing across aging populations.

Guest Editors

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Deadline for manuscript submissions

31 May 2026



Healthcare

an Open Access Journal
by MDPI

Impact Factor 2.7
CiteScore 4.7
Indexed in PubMed



mdpi.com/si/247555

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Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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