

## Special Issue

# Epidemiological Aspects and Physical Therapy Interventions for Sports Injury

### Message from the Guest Editors

From the perspective of sports and movement sciences, understanding the possible causes of musculoskeletal injuries in any competitive sport requires their multifactorial nature to be addressed, which results from complex associations among several external circumstances and modifiable as well as non-modifiable intrinsic risk factors. Adopting better treatment methods is critical for optimizing the recovery processes and reducing the long-term consequences of musculoskeletal injury. The current Special Issue will publish articles that report recent advances in the fields of sports injury epidemiology, prevention, and rehabilitation. This Special Issue will showcase original research papers and systematic reviews with meta-analyses focused on epidemiology, prevention, health promotion, and innovations in terms of therapeutics and clinical relevance applied to sports injuries. By highlighting developments and improvements in sports and movement sciences, this Special Issue will provide an academic and scientific background on this topic for graduate students, researchers, and health professionals worldwide.

### Guest Editors

Dr. Silvio Assis de Oliveira Junior

School of Physical Therapy, Integrated Institute of Health (INISA), Federal University of Mato Grosso do Sul (UFMS), Campo Grande 79070-900, MS, Brazil

Dr. Rodolfo André Dellagrana

Physical Education Department, Universidade Estadual de Ponta Grossa (UEPG), Ponta Grossa 84030-900, PR, Brazil

### Deadline for manuscript submissions

closed (30 May 2025)



## Healthcare

an Open Access Journal  
by MDPI

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/si/191020](https://mdpi.com/si/191020)

Healthcare  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[healthcare@mdpi.com](mailto:healthcare@mdpi.com)

[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)





# Healthcare

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7  
Indexed in PubMed



[mdpi.com/journal/  
healthcare](https://mdpi.com/journal/healthcare)



## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

---

### Editor-in-Chief

Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of Nursing, University of California, Irvine, CA  
92697, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, PMC, and other databases.

#### Journal Rank:

JCR - Q2 (Health Policy and Services) / CiteScore - Q1  
(Leadership and Management)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).