

## Special Issue

# Eating Behaviors and Disorders: Healthcare Perspectives and Implications on Mental and Physical Health

### Message from the Guest Editor

Eating disorders are a growing public health concern, affecting individuals across diverse demographics and contributing to significant physical and psychological morbidity. These disorders not only increase the risk of severe health complications, such as cardiovascular disease, osteoporosis, and metabolic dysfunction, but they also exacerbate mental health conditions, including anxiety and depression. Despite advancements in research, there remain critical gaps in the early detection, effective intervention, and long-term management of these conditions within healthcare systems. We welcome original research articles, systematic reviews, and clinical perspectives on topics including, but not limited to, the following: The intersection of eating behaviors and mental health; Advancements in psychological treatment strategies; Medical and nutritional management of eating disorders, by addressing the physiological impacts of disordered eating; Gender and sociocultural factors in eating disorder prevalence and treatment outcomes; The role of healthcare professionals in diagnosis, multidisciplinary care, and long-term support; Public health strategies for prevention.

### Guest Editor

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### Deadline for manuscript submissions

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## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with Healthcare and its members receive discounts on article processing charges.

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