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Burnout and Mental Health among Health Professionals

Guest Editors:

Dr. Alejandro Orgambidez

Social Psychology Department,
Faculty of Psychology, University
of Málaga, 29071 Málaga, Spain

Dr. Yolanda Borrego-Alés

Department of Social and
Educational Psychology,
University of Huelva, 21001
Huelva, Spain

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submissions:

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Message from the Guest Editors

Dear Colleagues,

Burnout syndrome refers to a state of physical and emotional exhaustion that can be caused by stressful and prolonged work factors. Health professionals (e.g., physicians, nurses, psychologists, social workers, etc.) frequently experience high levels of stress in their daily work, which, together with the characteristics of work in the healthcare context (e.g., continuous relationships with patients and family members, strong emotional demands, dealing with illness and death, etc.), lead to situations of high burnout.

The Special issue aims to show the relationship between burnout and mental health in health professionals (i.e. general physicians, nurses, social workers, etc.). We invite authors to submit articles (original studies and reviews) as well as interventions focused on burnout prevention and reduction. We would like to discuss individual, psychosocial, and organizational elements present in this syndrome and its effects on the mental health of these professionals, highlighting the possible interventions (primary, secondary, and tertiary) for its treatment.

Dr. Alejandro Orgambidez
Dr. Yolanda Borrego-Alés
Guest Editors



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Special Issue



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Prof. Dr. Lorraine S. Evangelista

Sue & Bill Gross School of
Nursing, University of California,
Irvine, CA 92697, USA

Message from the Editor-in-Chief

Healthcare is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

Healthcare hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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Healthcare Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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