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## Muscle-Tendon Complex: Performance, Injury Prevention, Epidemiology and Rehabilitation

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### Message from the Guest Editors

Dear Colleagues,

The muscle–tendon complex represents a fundamental entity in the biomechanical functioning of the human body, playing a crucial role in the execution of sporting movements and more demanding physical activities. Therefore, the identification of new perspectives of the performance, injury prevention, epidemiology and rehabilitation related to the muscle–tendon complex is necessary. The main purpose of this Special Issue is to consolidate and present the latest advances in research on the muscle–tendon complex. We aim to gather scientific contributions addressing key aspects such as sports performance, injury prevention, epidemiology and rehabilitation. By addressing these topics, this Special Issue seamlessly integrates into the mission of healthcare by providing valuable information for healthcare professionals, researchers and clinicians, thereby promoting a comprehensive approach to care and optimal physical performance. Research areas may include, but are not limited to, the following:

muscle–tendon complex performance, epidemiology, rehabilitation and injury prevention.

We look forward to receiving your contributions.



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# Special Issue



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## Editor-in-Chief

## Message from the Editor-in-Chief

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