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## Sleep Disorders and Mental Health

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### Message from the Guest Editor

Sleep disorders and mental health problems have a significant burden of disease collectively and as individual disorders, but clear estimates of their combined burden are limited. Furthermore, the associations between some mental health problems and sleep disorders are traditionally known but others are novel and lack clear pathophysiological links and causal direction, resolving which is required to inform the primary and secondary prevention of either condition arising from the other. Some associations are seemingly bi-directional, making this understanding ever more important.



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## Message from the Editor-in-Chief

*Healthcare* is an international, peerreviewed, open access, multidisciplinary journal. Original research articles, short communications, review articles, and symposium highlights are welcomed.

*Healthcare* hopes to influence global health and disease aspects, and hopes to gain high visibility and acceptance by the scientific and healthcare community and will dedicate itself to covering special and specific topics in special issues.

We would be pleased to welcome you as one of our authors.

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