



Intrinsic Capacity and Healthy Aging

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Message from the Guest Editors

The world's population is aging rapidly, with a forecast of a significant increase in the global proportion of older people. However, living longer often means dealing with health problems associated with the aging process. Given this, a significant and complex challenge for various sectors of society, especially health services, is to ensure a healthy aging process. Health care for older people must focus on maintaining the functional ability and optimizing intrinsic capacity. For this, it is necessary to guarantee high-quality integrated care accessible to all and focus on the need for prevention, evaluation, and treatment of the main conditions associated with the decline of intrinsic capacity.

This Special Issue of *Healthcare* will focus on the current state of knowledge on methods and procedures for assessing and preventing or rehabilitating programs for priority conditions associated with the decline of intrinsic capacity: cognitive decline, reduced mobility, malnutrition, visual impairment, hearing loss, and depressive symptoms. Original research papers, reviews, case reports, methodological papers, position papers, and brief reports are welcome.





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Editor-in-Chief

Message from the Editor-in-Chief

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