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Mental Health and Well-Being among Adolescents: Current Evidence and Future Directions

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Message from the Guest Editors

Adolescence is a unique lifespan stage where individuals confront numerous developmental challenges. The current Special Issue on adolescent mental health and well-being addresses the myriad of challenges that youth face and how this can undermine their transition into adulthood. Articles in the Special Issue can address any number of developmental challenges, including those affecting cognitive, social, emotional, physical and emotional growth. The editors particularly welcome studies involving prospective, longitudinal designs able to tease apart the multiple forces affecting development, including those that examine the family, school, peers, community and the environment.

- adolescence
- mental health
- well-being
- developmental challenges
- stress
- quality of life
- emotional growth
- self-efficacy



Specialsue









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Editor-in-Chief

Message from the Editor-in-Chief

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