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## Frailty: Epidemiology, Risk Factors and Management

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### Message from the Guest Editors

The prevalence of frailty increases with age, is influenced by the presence of age-related comorbidities and depends on which instruments are used to detect frailty. Trajectories of frailty are heterogenous, and frailty management requires multicomponent interventions based on the patient's health needs, physical activity, dietary interventions, structured medication reviews and strengthening social support.

The scope of this Special Issue includes articles related to advances in frailty epidemiology, risk factors, diagnostic tools, and management. Priority will be given to research results related to frailty screening, validation studies for frailty assessment, and management.



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# Special Issue