Special Issue

Cognitive Aging and Cognitive Impairment

Message from the Guest Editors

The huge impact of cognitive impairment and dementia has turned cognitive aging in a public health concern from many perspectives and requiring actions from many sectors. Changes range from subtle cognitive complaints associated with normal aging to mild cognitive impairment and dementia. Research is currently focused in identifying risk factors and mechanism of age-related impairment. In this context, early intervention and preventive approaches are gaining relevance, including cognitive training and cognitive stimulation, physical exercise, nutritional and technology-based interventions.

The Special Issue on Geriatrics will focus on current advances in the study of cognitive aging and the agerelated risk factors of cognitive impairment, with a special emphasis on preventive interventions. **Topics**

- Cognitive function and cognitive aging
- Mild cognitive impairment and dementia
- Cognitive frailty and influence of physical frailty in cognitive funtioning
- Cognitive reserve and brain reserve
- Cognitive training, cognitive stimulation and cognitive rehabilitation
- Nutrition, physical activity, biomarkers
- Preventive interventions

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Our new journal is launched to serve geriatrics specialists and colleagues from other disciplines as an interface between theory and clinical practice. Pushing the boundaries of the discipline, I kindly invite you to consider publishing your current work in *Geriatrics*. We have chosen the format of an open access journal to provide all interested parties with a platform for their basic research and health care studies as well. For details on the submission process or any other matter, please visit the journal website. I hope to handle your contribution to *Geriatrics* soon to publish innovative, relevant, thought provoking ideas.

Editor-in-Chief

Prof. Dr. Ralf Lobmann

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