

Special Issue

Adherence and Polymedication in Older Adults

Message from the Guest Editor

The treatment of chronic disorders commonly includes the long-term use of pharmacotherapy and non-pharmacological therapy. However, their full benefits are often not realized because many patients either do not or cannot take medications as agreed with their physicians. This nonadherence is a major issue and is associated with increased morbidity, mortality, and immense costs for the healthcare system. In particular, in older adults, nonadherence contributes to adverse drug events, increased length of stay and readmissions to hospitals, and a lower quality of life. Therefore, increasing the effectiveness of adherence interventions may have a great impact on the health of the older population. Although many factors contributing to nonadherence were studied in different cohorts and settings, many open questions remain. Among others, we need more research about methodological aspects and more longitudinal studies addressing the dynamic nature of nonadherence.

- adherence
- self-management
- polymedication
- quality of life
- healthcare

Guest Editor

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Message from the Editor-in-Chief

Our new journal is launched to serve geriatrics specialists and colleagues from other disciplines as an interface between theory and clinical practice. Pushing the boundaries of the discipline, I kindly invite you to consider publishing your current work in *Geriatrics*. We have chosen the format of an open access journal to provide all interested parties with a platform for their basic research and health care studies as well. For details on the submission process or any other matter, please visit the journal website. I hope to handle your contribution to *Geriatrics* soon to publish innovative, relevant, thought provoking ideas.

Editor-in-Chief

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