

Special Issue

Quality of Life in Older Adults with Musculoskeletal or Neuromuscular Disorders: Assessment and Intervention Strategies

Message from the Guest Editor

This Special Issue seeks to gather research that enhances our understanding of how these conditions, including chronic pain in various parts of the body, affect daily activities, psychological well-being, and social participation in this population. This Issue will highlight novel assessment methods and effective interventions, encompassing physical, psychological, and multidisciplinary approaches, to improve QOL and promote independent living in older adults with chronic musculoskeletal or neuromuscular symptoms and related functional decline.

List of Topics

Age-related differences in clinical characteristics in chronic pain or related symptoms.

Relationships between neuromuscular disorders and chronic pain.

Impact of spinal or leg alignment on mobility-related discomfort in older adults.

Psychosocial factors influencing chronic pain or numbness and their assessment.

Biopsychosocial interventions for chronic symptoms in older adults with dementia.

Exercise and physical therapy strategies for improving functional capacity in older adults with MSDs or NMDs.

Guest Editor

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Deadline for manuscript submissions

20 June 2026



Geriatrics

an Open Access Journal
by MDPI

Impact Factor 2.1
CiteScore 3.4
Indexed in PubMed



mdpi.com/si/251781

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About the Journal

Message from the Editor-in-Chief

Our new journal is launched to serve geriatrics specialists and colleagues from other disciplines as an interface between theory and clinical practice. Pushing the boundaries of the discipline, I kindly invite you to consider publishing your current work in *Geriatrics*. We have chosen the format of an open access journal to provide all interested parties with a platform for their basic research and health care studies as well. For details on the submission process or any other matter, please visit the journal website. I hope to handle your contribution to *Geriatrics* soon to publish innovative, relevant, thought provoking ideas.

Editor-in-Chief

Prof. Dr. Ralf Lobmann

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