



an Open Access Journal by MDPI

## Cognitive Aging and Cognitive Impairment

Guest Editors:

### **Prof. Dr. David Facal**

Department of Developmental Psychology, University of Santiago de Compostela, Santiago de Compostela, Galicia, Spain

### **Prof. Dr. José M<sup>a</sup> Cancela Carral**

Department Special Didactics, Faculty of Education and Sport Sciences, University of Vigo, 36005 Pontevedra, Spain

### **Dr. Carlos Spuch**

1. Galicia Sur Health Research Institute, Vigo, Galicia, Spain  
2. Coordinator of Rede Galega de Investigación en Demencias (Galician Dementia Research Network), Galicia, Spain

Deadline for manuscript submissions:

**closed (30 April 2019)**

### **Message from the Guest Editors**

The huge impact of cognitive impairment and dementia has turned cognitive aging in a public health concern from many perspectives and requiring actions from many sectors. Changes range from subtle cognitive complaints associated with normal aging to mild cognitive impairment and dementia. Research is currently focused in identifying risk factors and mechanism of age-related impairment. In this context, early intervention and preventive approaches are gaining relevance, including cognitive training and cognitive stimulation, physical exercise, nutritional and technology-based interventions.

The Special Issue on Geriatrics will focus on current advances in the study of cognitive aging and the age-related risk factors of cognitive impairment, with a special emphasis on preventive interventions.

### **Topics**

- Cognitive function and cognitive aging
- Mild cognitive impairment and dementia
- Cognitive frailty and influence of physical frailty in cognitive functioning
- Cognitive reserve and brain reserve
- Cognitive training, cognitive stimulation and cognitive rehabilitation
- Nutrition, physical activity, biomarkers
- Preventive interventions



[mdpi.com/si/13535](https://mdpi.com/si/13535)

# Special Issue



an Open Access Journal by MDPI

## Editor-in-Chief

### Prof. Dr. Ralf Lobmann

Department of Endocrinology,  
Diabetology and Geriatrics,  
Clinical Centre Stuttgart -  
Katharinenhospital,  
Kriegsbergstrasse 60, D70174  
Stuttgart, Germany

## Message from the Editor-in-Chief

Our new journal is launched to serve geriatrics specialists and colleagues from other disciplines as an interface between theory and clinical practice. Pushing the boundaries of the discipline, I kindly invite you to consider publishing your current work in *Geriatrics*. We have chosen the format of an open access journal to provide all interested parties with a platform for their basic research and health care studies as well. For details on the submission process or any other matter, please visit the journal website. I hope to handle your contribution to *Geriatrics* soon to publish innovative, relevant, thought provoking ideas.

## Author Benefits

**Open Access:**— free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, ESCI (Web of Science), PubMed, PMC, and other databases.

**Journal Rank:** CiteScore - Q2 (*Health (Social Science)*)

## Contact Us

---

*Geriatrics* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/geriatrics  
geriatrics@mdpi.com  
X@Geriatrics\_MDPI