

## Special Issue

# 2023 Collection: Dietary, Lifestyle and Children Health

### Message from the Guest Editor

I would like to take this opportunity to express my deep appreciation for everyone's support and contributions. During the period of the first Special Issue of "Dietary, Lifestyle and Children Health", over 30 articles were published, making this Special Issue a success. There will be a 2023 collection on the same topic, and I look forward to your continued contributions and support. Childhood is a critical period for developing a healthy lifestyle and preventing chronic diseases in adulthood. However, the prevalence of childhood obesity is increasing and unhealthy lifestyles are becoming an epidemic, posing a potential future burden of adult chronic disease. The aim of this Special Issue is to identify and assess dietary factors, including dietary diversity and specific nutrients/phytochemicals, as well as other healthy lifestyle factors, in the prevention and management of childhood chronic diseases. We want to encourage all investigators in this field to submit original research, reviews, systematic reviews, and meta-analyses to this Special Issue to broaden our knowledge and open new research directions.

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### Guest Editor

Dr. Zhiyong Zou

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### Deadline for manuscript submissions

closed (31 December 2023)



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### Message from the Editorial Board

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