Special Issue

Forest, Trees, Human Health and Wellbeing

Message from the Guest Editors

Forest and trees are essential not only for their ecological and economical values, but also for human health and wellbeing. There can be psychological, physiological and social benefits from both direct and indirect contact. This Special Issue presents up-to-date research on how forests and trees can support people's health and wellbeing through prevention, promotion or interventions. It aims to gather systematic reviews and meta-analyses on the topic, study protocols, theoretical and/or conceptual papers as well as empirical studies. The study design may vary from randomized controlled trials, longitudinal studies, case studies and evaluation of best practices. Papers can focus on how forest environments or trees can support affordances, activities or experiences in support of human health and wellbeing. The papers can explore these topics from both the perspective of the individual or from a broader societal perspective. The focus of this Special Issue will be on health-promoting mechanisms that are mediated via the direct perception or interaction with trees and forest environments, rather than on purely physically mediated effects.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Forests (ISSN 1999-4907) is an international and cross-disciplinary, scholarly forestry journal. The distinguished editorial board and refereeing process ensures the highest degree of scientific rigor and review of all published articles. Original research articles and timely reviews are released online, with unlimited free access. Our goal is to have *Forests* be recognized as one of the foremost publication outlets for high quality, leading edge research in this broad and diverse field. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global forestry community.

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