

Special Issue

Forest and Other Natural Landscapes and Human Health

Message from the Guest Editors

Humans have a long history of interaction with forests and other natural landscapes (FNL), with these environments being progressively more recognized for their contributions to human health. Historically, scientists have considered these settings in terms of supplying a set of ecosystem goods and services, many of which make important contributions to human wellbeing. Increasingly, FNLs have also been recognized for providing less tangible, but often equally important, services.

New technologies enable researchers to better articulate the variety of ways that FNLs contribute to a sense of wellbeing and human health. Moreover, outcomes related to time spent in forest environments include improved immune system function and decreased stress hormones, among others. Research also suggests that FNLs may translate to substantial healthcare savings, and carry numerous public policy implications.

We encourage submissions from the biological, sociological, and psychological sciences, in order to promote knowledge that contributes to public policy development and FNL management approaches by providing documented linkages between forests and human health.

Guest Editors

Prof. Dr. Alan Ewert

Department of Recreation, Park and Tourism Studies, Indiana University, Bloomington, IN 47405, USA

Dr. Jillisa Overholt

Outdoor Leadership Studies Department, Warren Wilson College, Swannanoa, NC, USA

Deadline for manuscript submissions

closed (10 May 2022)



Forests

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 4.6



mdpi.com/si/76242

Forests
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
forests@mdpi.com

[mdpi.com/journal/
forests](https://mdpi.com/journal/forests)





Forests

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 4.6



[mdpi.com/journal/
forests](https://mdpi.com/journal/forests)



About the Journal

Message from the Editor-in-Chief

Forests (ISSN 1999-4907) is an international and cross-disciplinary, scholarly forestry journal. The distinguished editorial board and refereeing process ensures the highest degree of scientific rigor and review of all published articles. Original research articles and timely reviews are released online, with unlimited free access. Our goal is to have *Forests* be recognized as one of the foremost publication outlets for high quality, leading edge research in this broad and diverse field. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global forestry community.

Editor-in-Chief

Prof. Dr. Giacomo Alessandro Gerosa

Department of Mathematics and Physics, Catholic University of Brescia,
I-25121 Brescia, Italy

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), Ei Compendex, GEOBASE, PubAg, AGRIS, PaperChem, and other databases.

Journal Rank:

JCR - Q2 (Forestry) / CiteScore - Q1 (Forestry)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.1 days after submission; acceptance to publication is undertaken in 2.4 days (median values for papers published in this journal in the first half of 2025).