

# Special Issue

## Urban Forests and Human Health

### Message from the Guest Editors

Urban forests, comprising trees, green spaces, and natural elements within cities, have been recognized for their profound impact on public well-being. From air quality improvement to mental health benefits, urban forests play a pivotal role in enhancing our overall health and quality of life. This Special Issue aims to delve into the multifaceted relationship between urban forests and human health, exploring the potential of forests to mitigate health challenges in urban environments. Contributions to this Special Issue will shed light on the latest research and insights into the dynamic nexus between urban forests and human health. We invite researchers, practitioners, and policymakers to share their innovative approaches, empirical studies, and visionary perspectives to collectively advance our understanding of this crucial relationship. Potential topics include, but are not limited to:

- Air quality impact of urban forests;
- Mental health benefits of urban green spaces;
- Physical activity promotion through urban forests;
- Urban planning strategies for maximizing health benefits;
- Community engagement in urban forest development.

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### Guest Editors

Dr. Jiao Zhang

Dr. Danqing Li

Prof. Dr. Yiping Xia

Prof. Dr. Katsunori Furuya

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### Deadline for manuscript submissions

closed (31 December 2024)



## Forests

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## About the Journal

### Message from the Editor-in-Chief

*Forests* (ISSN 1999-4907) is an international and cross-disciplinary, scholarly forestry journal. The distinguished editorial board and refereeing process ensures the highest degree of scientific rigor and review of all published articles. Original research articles and timely reviews are released online, with unlimited free access. Our goal is to have *Forests* be recognized as one of the foremost publication outlets for high quality, leading edge research in this broad and diverse field. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global forestry community.

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### Editor-in-Chief

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