Special Issue

Forest, Trees, Human Health and Wellbeing: 2nd Edition

Message from the Guest Editors

Forest and trees are essential for their ecological and economic values and human health and well-being. There can be psychological, physiological and social benefits from both direct and indirect contact. This Special Issue presents up-to-date research on how forests and trees can support people's health and well-being through prevention, promotion or interventions. It aims to gather systematic reviews and meta-analyses on the topic, study protocols, theoretical and/or conceptual papers, and empirical studies. Studies may be qualitative or quantitative and focus on physiological or psychological measures. The study design may vary from randomized controlled trials to longitudinal studies, case studies, and evaluation of best practices. Papers can focus on how forest environments or trees can support affordances for activities (e.g., forest bathing) or experiences (social or solitary) that support human health and well-being. However, this special issue will focus on health-promoting mechanisms mediated via direct perception or interaction with trees and forest environments rather than purely physically mediated effects.

Guest Editors

Prof. Dr. Anna Maria Palsdottir

Prof. Dr. Patrik Grahn

Dr. Jonathan Stoltz

Deadline for manuscript submissions

closed (23 March 2025)

About the Journal

Message from the Editor-in-Chief

Forests (ISSN 1999-4907) is an international and cross-disciplinary, scholarly forestry journal. The distinguished editorial board and refereeing process ensures the highest degree of scientific rigor and review of all published articles. Original research articles and timely reviews are released online, with unlimited free access. Our goal is to have *Forests* be recognized as one of the foremost publication outlets for high quality, leading edge research in this broad and diverse field. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global forestry community.

Editor-in-Chief

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