

Special Issue

Forest Bathing and Smart Devices

Message from the Guest Editors

In today's stressful society, various approaches have been proposed to reduce stress. One of them is forest bathing. This is an activity carried out to improve health by spending time in a natural environment, especially a forest. In Japan, the healing effects of the phytoncide aroma of coniferous trees, the gentle breeze, the sound of rivers, and birdsong are said to relieve fatigue. This Special Issue plans to give an overview of the most recent advances in the field of forest bathing using smart devices, and applications in various situations and areas. This Special Issue aims to provide selected contributions on advances of basic research, applications, and on measuring the effect of forest bathing from diverse viewpoints such as ICT, AI, sensor technologies, neuro sciences, medical, tourism, economics. Potential topics:

- Forest bathing;
- Forest therapy;
- Measure the effect of forest bathing;
- Effect for mental health;
- Effect for brain activity;
- Wellness tourism;
- Green tourism;
- Eco-tourism;
- Designing forest bathing activity;
- Forest bathing in urban area;
- Economic effect of forest bathing;
- Forest bathing support application;
- Wearable devices for forest bathing.

Guest Editors

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Forests (ISSN 1999-4907) is an international and cross-disciplinary, scholarly forestry journal. The distinguished editorial board and refereeing process ensures the highest degree of scientific rigor and review of all published articles. Original research articles and timely reviews are released online, with unlimited free access. Our goal is to have *Forests* be recognized as one of the foremost publication outlets for high quality, leading edge research in this broad and diverse field. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global forestry community.

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