

## Special Issue

# Urban Forest Landscapes and Forest Therapy

### Message from the Guest Editors

This Special Issue delves into the relationships among urban forest landscapes, their ecosystem services, and the therapeutic effects of trees and woodlands on the well-being of citizens. Urban forests positively impact mental and physical well-being, as the presence of green spaces and activities such as "forest bathing" often represent, especially for disadvantaged citizens, the sole opportunity for contact with nature. The biophysical assessment, economic evaluation, and potential for environmental justice through the ecosystem services provided by urban forest landscapes, including the enhancement of psychophysical well-being through forest therapy and forest bathing, and the perception and awareness of the benefits offered by trees in cities, are the focal points of this Special Issue. The goal is to offer a collection of interdisciplinary studies contributing to a deeper understanding of how urban forest landscapes contribute to urban populations' well-being and quality of life, comparing this to remote forest environments.

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### Guest Editors

Dr. Rocco Pace  
Dr. Francesco Meneguzzo  
Dr. Alessandro Paletto

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### Deadline for manuscript submissions

closed (24 May 2025)



## Forests

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## About the Journal

### Message from the Editor-in-Chief

*Forests* (ISSN 1999-4907) is an international and cross-disciplinary, scholarly forestry journal. The distinguished editorial board and refereeing process ensures the highest degree of scientific rigor and review of all published articles. Original research articles and timely reviews are released online, with unlimited free access. Our goal is to have *Forests* be recognized as one of the foremost publication outlets for high quality, leading edge research in this broad and diverse field. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global forestry community.

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### Editor-in-Chief

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