# Special Issue

# Forests and Human Health: Effects on Acute and Chronic Illness, and Public Health

## Message from the Guest Editor

Forests and spending time in green spaces are a new focus in health promotion. Health promotion may be a long-term or short-term goal in terms of helping people with chronic illnesses or creating opportunities for relaxation and healing affecting acute illnesses, respectively. Forests are composed of forest aerosols and visual experiences and allow the participant to "bathe" in the environment (known as Shinrin-Yoku or forest bathing), which can affect both chronic and acute health outcomes. Health care providers seek to use forest or "park prescription" that may include exercise, although this may not be helpful for people with chronic illness due to the exercise component. The literature related to forest exposure and chronic or acute illness is limited, specifically how forests influence chronic and acute illness, thereby impacting public health. In this Special Issue of *Forests,* we invite submissions that examine the impact that forests and green spaces have on people with chronic and acute illnesses throughout their lives, advancing our knowledge in this area.

## Guest Editor

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## Deadline for manuscript submissions

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### Message from the Editor-in-Chief

*Forests* (ISSN 1999-4907) is an international and cross-disciplinary, scholarly forestry journal. The distinguished editorial board and refereeing process ensures the highest degree of scientific rigor and review of all published articles. Original research articles and timely reviews are released online, with unlimited free access. Our goal is to have *Forests* be recognized as one of the foremost publication outlets for high quality, leading edge research in this broad and diverse field. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global forestry community.

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