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Forests for Public Health—Selected Papers from the 3rd World Conference on Forests for Public Health

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Message from the Guest Editors

Today, modern lifestyles have created public health problems. And more evidence has documented the natural environment can improve human health. Therefore, an interdisciplinary scientific approach is essential to study the relationship between green spaces and human health.

The 3rd World Conference on Forests for Public Health, 4–7 October 2023, Sherbrooke, Canada, will mark the dawn of its new global era to find sustainable future directions for the multidisciplinary field of green spaces and human health. The main topics are as follows:

1. Environmental health epidemiology, forest medicine and physiological assessments, global health issues of public health and green spaces.
2. Mental health benefits of exposure to Nature and green spaces.
3. Planning physical activities and access for human forest recreation and tourism in natural environment for public health.
4. Urban forests and their ecosystem services for public health.
5. Urban forestry planning and design for human health activities, availability, and accessibility.
6. Forest therapy, green care, public health policies and economics, social cohesion, and social-economic aspects of forests for public health.



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