

Special Issue

Prebiotics and Synbiotics

Message from the Guest Editor

By combining the rationale of prebiotics and probiotics, live microorganisms, which when administered in adequate amounts confer a health benefit on the host, the concept of synbiotics has also been proposed. Due to recent advances in metagenomic studies of human microbiota in the alimentary tract, it has been understood that microbiota clearly play a critical role in the pathophysiology of many kinds of diseases. Additionally, prebiotics and synbiotics are expected to work for them by microbiota-targeted performance. In this Special Issue, “Prebiotics and Synbiotics”, original and review articles about them will be published. Moreover, articles on probiotics will be welcomed if they are aimed at novel fields.

Keywords: prebiotics; oligosaccharides; dietary fiber; short-chain fatty acids; synbiotics; probiotics; microbiota; bifidobacteria; lactobacilli; Faecalibacterium

Guest Editor

Dr. Yasuhiro Koga

President, Japanese Society for Probiotic Science Visiting professor,
Department of Gastroenterology, Tokai University School of Medicine

Deadline for manuscript submissions

closed (31 March 2019)



Foods

an Open Access Journal
by MDPI

Impact Factor 5.1
CiteScore 8.7
Indexed in PubMed



mdpi.com/si/15821

Foods
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
foods@mdpi.com

mdpi.com/journal/foods





Foods

an Open Access Journal
by MDPI

Impact Factor 5.1
CiteScore 8.7
Indexed in PubMed



[mdpi.com/journal/
foods](https://mdpi.com/journal/foods)



About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN 47907, USA

2. Department of Comparative Pathobiology, Purdue University, West Lafayette, IN 47907, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, FSTA, AGRIS, PubAg, and other databases.

Journal Rank:

JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).