

Special Issue

Plant Food-Medicines: Perceptions, Traditional Uses and Health Benefits of Food Botanicals, Mushrooms, and Herbal Teas

Message from the Guest Editors

The fields at the interface between food and medicine have received increasing attention in recent decades. We welcome explorations at the edge between the food and medical domains, such as research on health perceptions, uses, and potential benefits of neglected and underutilized species (NUS), local landraces, wild food plants (WFP), aromatic and seasoning botanicals, spices, mushrooms, plant snacks, fermented plant foods, and recreational herbal teas. A further important research domain is represented by "folk nutraceuticals", i.e., plants that have been traditionally consumed in order to improve general health or to prevent diseases, as well as plants for which food and medicinal uses co-exist, yet the used parts or methods of the preparation or consumption/administration do not overlap. In the past few years, local medicinal foods and herbs in different areas of the globe have been rediscovered, designing, or even re-inventing healthy food products and gastronomies. Original research on traditional uses of these species and preparations, germane public health/nutrition policies, and promoting sustainable food systems is particularly welcome.

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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