

Special Issue

Formulation of Innovative Healthy Foods as Tool for Nutrition Science: Issues and Perspectives

Message from the Guest Editors

The challenges of the food technologies science are to satisfy the consumer demands, currently addressed to healthy food, poorly processed, having health effects and in chronic diseases prevention (hypertension, cardiovascular, diabetes, neurodegenerative diseases). Food formulation of innovative healthy foods has to combine the knowledge of the chemical-biological properties of bioactive molecules with the other food components interaction, in order to preserve the healthy effect in the final product. In addition, aspects on the food digestion mechanisms, both during intestinal and colonic processes, have to be considered in terms of food formulation, also through in vitro simulations. Therefore, this Special Issue will focus on the foods technological and nutritional aspects aimed to formulation of healthy foods to prevent or treat food-related illnesses that cause trouble for specific consumer group.

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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