

Special Issue

Functional Foods for Health—the Antioxidant and Anti-inflammatory Role of Fruits, Vegetables and Culinary Herbs

Message from the Guest Editors

Fruits and vegetables have been widely investigated due to their health-promoting potential. Likewise, culinary herbs have also been linked to a lower risk of the development of some diseases. These foods present exciting properties, mostly related to the antioxidant and anti-inflammatory actions of their components that may impact on the pathogenesis of different diseases such as cardiovascular, neurodegenerative, or cancer conditions. These beneficial effects have been related to their content in various bioactive compounds such as phytochemicals, polyphenols, vitamins, minerals, or organic acids. For this Special Issue “Functional Foods for Health: The Antioxidant and Anti-Inflammatory Role of Fruits, Vegetables and Culinary Herbs”, we welcome papers that study functional foods and help to clarify the relationship between their consumption and beneficial health properties. We hope that this Special Issue will gather the most recent advances in the field, providing a useful tool for researchers and professionals in this area.

Guest Editors

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Deadline for manuscript submissions

closed (15 May 2023)



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Impact Factor 5.1
CiteScore 8.7
Indexed in PubMed



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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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