

Special Issue

Dietary Polysaccharides

Message from the Guest Editors

Polysaccharides from plants have been utilised by the food industry for many years as gums and stabilising agents. More recently, researchers have been interested in the use of polysaccharides to mediate carbohydrate digestion and thus manipulate the nutritional quality of foods. This is especially the case in the context of polysaccharides affecting postprandial blood glucose levels, obesity, diabetes, and even neuro-degenerative diseases. This Special Issue explores the link between polysaccharide use in foods and their impact, not only in food product quality, but also directly with nutrient uptake, bioavailability, and potential nutraceutical applications.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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