

## Special Issue

# Qualitative and Nutritional Improvement of Cereal-Based Foods and Beverages

### Message from the Guest Editors

Cereal-based foods and beverages include a wide array of products, varying greatly from one geographic area to another. Increased consumer awareness of the effects of food on health has made nutritional improvement an important goal of the food and beverage industry, including the cereal sector, to ensure compliance with current nutrition and health claims regulations. This involves different strategies, and the development of more effective packaging and conditioning systems. All of these interventions, however, may alter the physico-chemical and sensory properties of final products, which, in turn, determine their quality. It is therefore necessary to achieve a balance between nutritional and quality modification, which does not exclude the possibility of communicating a “new quality” to consumers. This Special Issue is therefore open to all contributions aimed at exploring alternative ways to innovate and improve cereal-based foods and beverages, an old—if not ancient—group of products that are still on our table every day.

### Guest Editors

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### Deadline for manuscript submissions

closed (30 October 2020)



## Foods

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## About the Journal

### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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### Editor-in-Chief

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