

Special Issue

Delivery Systems for Improved Bioavailability of Bioactive Food Ingredients

Message from the Guest Editors

This Special Issue aims to gather cutting-edge research and comprehensive reviews on the design, fabrication, and evaluation of novel delivery systems. We welcome contributions focusing on various encapsulation strategies, such as emulsion-based systems, nanoliposomes, nanoparticles, and hydrogels, that enhance the stability, solubility, and targeted delivery of bioactive food ingredients. Studies investigating the behavior of these systems under simulated gastrointestinal conditions, their interaction with biological barriers, and in vitro or in vivo bioavailability assessments are particularly encouraged. In addition to original research articles, insightful reviews that summarize recent developments, identify emerging trends, and discuss future directions in this rapidly evolving field are highly appreciated.

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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