

Special Issue

From Plant to Plate: New Trend in Nutritious and Healthy Food

Message from the Guest Editors

Despite increased attention being paid to nutrition in recent years, malnutrition is still a disastrous problem for infants, young children, women, and old people around the world. The demand for nutritious and healthy food is on the rise. One of the major challenges is to develop high-quality nutritious and healthy food products from plant to plate that meet the demands of consumers. This Special Issue covers a broad spectrum of information about efforts to develop high-quality, nutritious, and healthy food products. The research areas of interest include not only new planting and processing technologies but also innovations in processing equipment and logistics, as well as the latest market research. Original research articles and reviews are welcome. We look forward to receiving your contributions.

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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