

Special Issue

Encapsulation Technologies and Delivery Systems for Food Ingredients

Message from the Guest Editors

Considering the fact that a great variety of food ingredients are insoluble in water; the fact that they can be degraded during food processing, storage, or transportation upon light, heat, oxygen, etc.; and the fact that their bioactivity can be reduced upon gastrointestinal digestion, their encapsulation for protection and technological purposes is of outmost importance. For this reason, various delivery systems have been developed to encapsulate bioactive food ingredients in order to enhance their stability, bioactivity, and bioavailability, as well as to allow a controlled release at the target site. Various coating materials along with different encapsulation approaches have been employed by academia and the food industry. In this view, this Special Issue intends to gather recent advances on encapsulation techniques and delivery systems for food ingredients that could be of use both in academia and industry.

Guest Editors

Dr. Anastasia Kyriakoudi

Laboratory of Food Chemistry and Biochemistry, Department of Food Science and Technology, School of Agriculture, Aristotle University of Thessaloniki, 54124 Thessaloniki, Greece

Dr. Ioannis Mourtzinis

Laboratory of Food Chemistry and Biochemistry, Department of Food Science and Technology, School of Agriculture, Aristotle University of Thessaloniki, 54124 Thessaloniki, Greece

Deadline for manuscript submissions

closed (15 August 2024)



Foods

an Open Access Journal
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Impact Factor 5.1
CiteScore 8.7
Indexed in PubMed



mdpi.com/si/171346

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
foods@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN 47907, USA

2. Department of Comparative Pathobiology, Purdue University, West Lafayette, IN 47907, USA

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