

## Special Issue

# Meat Characteristics, Nutrition and Consumption

### Message from the Guest Editor

Meat is the flesh and other edible parts of animals that humans prepare and consume. It is a great source of protein, iron, vitamin B12, zinc, and other important nutrients. Meat quality is a complex term, affected by different factors such as genetics, animal feeding systems and nutritional status during production. A deep understanding of all the factors that influence meat quality is necessary in order to improve quality control and their further enhancement. The aim of the Special Issue “Meat Characteristics, Nutrition and Consumption” is to provide knowledge on all the factors that influence the quality of meat, nutritional properties and aspects related to consumer acceptability.

---

### Guest Editor

Dr. Manuel Scerra

Division of Animal Production, Department of Agriculture,  
Mediterranean University of Reggio Calabria, Via dell'Università, 25,  
89124 Reggio Calabria, Italy

---

### Deadline for manuscript submissions

closed (25 July 2024)



## Foods

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.1  
CiteScore 8.7  
Indexed in PubMed



[mdpi.com/si/194885](https://mdpi.com/si/194885)

*Foods*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[foods@mdpi.com](mailto:foods@mdpi.com)

[mdpi.com/journal/  
foods](https://mdpi.com/journal/foods)





# Foods

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.1  
CiteScore 8.7  
Indexed in PubMed



[mdpi.com/journal/  
foods](https://mdpi.com/journal/foods)



## About the Journal

### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

---

### Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN 47907, USA
2. Department of Comparative Pathobiology, Purdue University, West Lafayette, IN 47907, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, FSTA, AGRIS, PubAg, and other databases.

#### Journal Rank:

JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 15 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the second half of 2025).