

Special Issue

Towards Healthier and More Sustainable Meat Products: Non-meat Ingredients as Breakthroughs

Message from the Guest Editors

Sustainable food production is one of the main concerns for consumers, industry and policy makers. In relation to meat products, which are largely present in our diet, a vast improvement of productivity and sustainability is highly desirable. Integration of plant-based ingredients into meat dishes has been proved as a successful and consumer accepted strategy. It has opened the way to a different approach towards the reformulation of healthier and more sustainable meat products: meat substitution with plant-based ingredients. The use of meat extenders – which could be defined as non-meat substances with high protein content that can also modify some of the product's properties – and any other type of strategy that aims to incorporate plant based ingredients as meat replacers, present an opportunity to reduce the meat content while incorporating some healthier ingredients to the final product. The aim of this Special Issue is to gather information about strategies based on the reformulation of more sustainable and healthier meat products based on the utilisation of non-meat ingredients.

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Deadline for manuscript submissions

closed (20 September 2022)



Foods

an Open Access Journal
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Impact Factor 5.1
CiteScore 8.7
Indexed in PubMed



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Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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