

## Special Issue

# The Hazards and Nutritional Benefits of Edible Insects

### Message from the Guest Editors

In recent years, there has been a dynamic development of insect-based food. Proposals for utilizing new insect species in various forms and processing methods are emerging. However, the existing body of analyses remains insufficient, leaving ample room for new pioneering discoveries in this field. For this reason, a Special Issue of the journal *"Foods"* is being published, focused on highlighting the benefits and potential risks associated with the production, safety, and nutritional value of insects and insect-based food products. We particularly aim to emphasize research related to the nutritional value of insects and their application in the prevention of various diseases. Additionally, we welcome contributions promoting insect-based food, exploring strategies for popularizing such food and ways to reduce neophobia and change attitudes towards insect-enhanced food. We welcome both original research and review articles on topics including, but not limited to:

- Safety of insect-based food.
- Evaluation of acceptance and levels of neophobia towards insects.
- Designing new food products.
- Functional food based on insects.

### Guest Editors

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### Deadline for manuscript submissions

closed (30 April 2025)



## Foods

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## About the Journal

### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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### Editor-in-Chief

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