

Special Issue

Food Aspects: From Prevention to Diet-Related Diseases—2nd Edition

Message from the Guest Editors

We are pleased to announce the new Special Issue entitled "Food Aspects: From Prevention to Diet-related Diseases—2nd Edition".

Nutrition plays a critical role in health. A healthy diet throughout life is responsible for normal growth, development, ageing, longevity, and helps to maintain a healthy body weight, leading to general well-being. Epidemiological evidence has suggested that bioactive food components such as polyphenols, polysaccharides, peptides, and others may offer beneficial health-promoting effects by decreasing the risk of non-communicable diseases such as diabetes, obesity, cardiovascular diseases, and cancer.

This Special Issue encourages authors to submit their original research or review articles, providing new pieces of evidence or synthesis of the most recent and breakthrough data in the study of food components in health promotion and disease prevention as well as in the study of diet interconnected diseases.

Specifically, investigations may include an evaluation of biological effects through in vitro models, animal models, and preclinical and clinical data.

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).