

Special Issue

Motivations Associated with Food Choices and Eating Practices

Message from the Guest Editor

The main factors that lead people to eat are basic needs like hunger and satiety. However, what people choose to eat is not determined exclusively by physiological or nutritional needs. In fact, in addition to the main factors that prompt eating, one can find a wide variety of other factors affecting food choices. The human behaviors regarding foods are linked to a number of factors either of sociological or psychological nature. Hence, the aim of this Special Issue is to gather studies and research works about the possible different types of motivations that determine people's eating patterns, either in relation to their food choices or eating habits. This Special Issue is focused on topics including but not limited to health motivations, economic factors, emotional aspects, cultural influences, marketing and commercials or environmental concerns.

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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