

## Special Issue

# Motivations Associated with Food Choices and Eating Practices

### Message from the Guest Editor

The main factors that lead people to eat are basic needs like hunger and satiety. However, what people choose to eat is not determined exclusively by physiological or nutritional needs. In fact, in addition to the main factors that prompt eating, one can find a wide variety of other factors affecting food choices. The human behaviors regarding foods are linked to a number of factors either of sociological or psychological nature. Hence, the aim of this Special Issue is to gather studies and research works about the possible different types of motivations that determine people's eating patterns, either in relation to their food choices or eating habits. This Special Issue is focused on topics including but not limited to health motivations, economic factors, emotional aspects, cultural influences, marketing and commercials or environmental concerns.

---

### Guest Editor

Prof. Dr. Raquel P. F. Guiné

1. CERNAS Research Centre, Polytechnic University of Viseu, 3504-510 Viseu, Portugal
2. Department of Food Industry, Polytechnic University of Viseu, 3504-510 Viseu, Portugal

---

### Deadline for manuscript submissions

closed (31 January 2021)



## Foods

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.1  
CiteScore 8.7  
Indexed in PubMed



[mdpi.com/si/49332](https://mdpi.com/si/49332)

*Foods*

Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[foods@mdpi.com](mailto:foods@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[foods](https://mdpi.com/journal/foods)





# Foods

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.1  
CiteScore 8.7  
Indexed in PubMed



[mdpi.com/journal/  
foods](https://mdpi.com/journal/foods)



## About the Journal

### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

---

### Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN 47907, USA
2. Department of Comparative Pathobiology, Purdue University, West Lafayette, IN 47907, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, FSTA, AGRIS, PubAg, and other databases.

#### Journal Rank:

JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).