

Special Issue

Safety and Nutritional Quality of Mediterranean Food and Food Products—2nd Edition

Message from the Guest Editors

While focusing on cornerstones such as health and well-being, circularity and sustainability, the Mediterranean diet (MD) has been constantly recreated by communities in response to changes in their environment and history, to better suit the current availability of food supplies, nutritional needs, and eating habits. Consequently, the pyramid of the Mediterranean eating pattern had to change to adapt to a world where undernutrition and food globalization together impose a significant burden on human health and wellbeing, and constant efforts are required to ensure the human race benefits from this complex network of food-associated habits that began in ancient times as a mixture of lifestyle and culture and which ended up as an emerging medical prescription for human health and a model for preserving the environment and its biodiversity. Hence, we welcome submissions that emphasize the multidisciplinary evidence of the MD, including those dealing with safety and quality of traditional and novel products; those addressing their nutritional value, in terms of genome, transcriptome, or metabolome of phenotypes; and consumer lifestyles and behaviors related to the MD.

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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