

Special Issue

Safety and Nutritional Quality of Mediterranean Food and Food Products

Message from the Guest Editors

The Mediterranean diet represents the heritage of millennia of exchanges of people, cultures, and foods of all countries around the Mediterranean basin. It has long been the basis of food habits in the populations that originally relied on the Mediterranean pyramid model, and it is currently advancing into modern society, opposing the equally increasing globalization of (unhealthy) food behaviours. Considering the acknowledgment of the Mediterranean diet as an Intangible Cultural Heritage of Humanity by UNESCO and its contribution to the health and well-being of consumers, this Special Issue aims to highlight the added value of traditional foods linked to a given Mediterranean region or locality as well as (novel) food products derived from natural Mediterranean sources. Hence, original works and reviews on Mediterranean food and derived products are welcomed.

Guest Editors

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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