Special Issue

Legumes as Food Ingredient: Characterization, Processing, and Applications

Message from the Guest Editors

Dear colleagues, Grain legumes are well-recognized as sources of proteins, starch, fibre, vitamins, and minerals for the human diet, being an essential food crop for people around the globe.

This Special issue is looking for contributions on the following working:

- a) The nutritional quality and functional properties of legumes and their components;
- b) Seed nutraceuticals compounds and their molecular mechanisms for human health improvement;
- c) The caracterization of novel legume varieties with enhanced nutritional properties;
 - d) Global food security;
- e) The potential benefits of legume compsumption or their bioactive components in human health;
- f) The impact of legume processing such as soaking, dehulling, boiling, autoclaving, germination, and fermentation in their nutritional and anti-nutritional (i.e., food allergy) properties;
- g) The development of novel legume-derived products adapted to consumer preference;
- h) Other related topics, such as the importance of legumes in human nutrition.

Guest Editors

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Deadline for manuscript submissions

closed (10 February 2020)



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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, Foods has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).

