Special Issue

Gluten-Free Food and Celiac Disease

Message from the Guest Editors

The only treatment for celiac disease (CD) is to follow a strict gluten-free diet throughout life. This could be due to the differences observed in the nutritional composition of gluten-free products when comparing to their homologues containing gluten. In addition, in the classic form of CD, gastrointestinal symptoms caused by the ingestion of gluten predominate. It could be assumed that the elimination of this protein from the diet leads to the total remission of symptoms; however, some patients continue to suffer from symptoms even when following a strict gluten-free diet. On the other hand, celiac people sometimes feels misunderstood by society, which makes it necessitates the provision of information to both the celiac collective and their wider community, for a complete social inclusion of celiac people. This Special Issue will include research works aims to improve the quality of life of celiac people from dietary interventions, the nutritional composition of gluten-free foods, and nutritional education among celiac people and their environment. It also aims to monitor dietary adherence and search for possible causes of their symptomatology.

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, Foods has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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