

Special Issue

Beyond Sustenance: The Rise of Nutraceuticals and Functional Foods in Health and Well-Being

Message from the Guest Editor

This Special Issue, "Beyond Sustenance: The Rise of Nutraceuticals and Functional Foods in Health and Well-Being," aims to create a comprehensive and authoritative collection of the latest high-impact research in this dynamic field. We invite the submission of original research articles, reviews, and perspective pieces that cover all aspects of nutraceuticals and functional foods.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 15 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the second half of 2025).