

Special Issue

Dietary Bioactive Compound and Health

Message from the Guest Editors

Dietary bioactive compounds and nutrients such as vitamin, mineral, peptides, phytochemicals, and polysaccharides, isolated from foods and herbs have been gotten big attention for their health-promoting properties. These natural bioactive compounds have been known to have antioxidant, anti-inflammatory, anti-obese, and anti-cancer activities, thus preventing and controlling obesity, diabetes, inflammatory diseases, and cancers. The elucidation of the bioavailability, the biological functions of dietary bioactive compounds and their underlying molecular mechanisms are important to understand their health benefits. This special issue aims to collect scientific papers focusing on all aspects of bioactive compounds with health benefits.

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Deadline for manuscript submissions

closed (20 December 2021)



Foods

an Open Access Journal
by MDPI

Impact Factor 5.1
CiteScore 8.7
Indexed in PubMed



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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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