

Special Issue

Dairy Products Consumption and Health Benefits

Message from the Guest Editors

In this Special Issue, we invite original research articles, short communications, and review papers covering at least one of the following topics:

- Nutritional value and human health-benefit-conferring role of traditional or ethnic dairy products produced via lactic acid fermentation;
- Dairy product reformulation strategies to enhance their nutritional, satiety, and sensory quality scores;
- Impact of emerging food processing methods on the nutritional value and bio-functionality of dairy products;
- Promoting personalized nutrition plans via additive manufacturing (3D printing) using dairy-protein-based bio-inks;
- Use of dairy products as programmable functional food matrices for buccal, upper or lower digestive tract delivery of bioactive compounds, probiotics, or postbiotics;
- Colloidal and biofunctional interplay between dairy ingredients and food macromolecules of plant, microalgal, or microbial origin using novel characterization techniques.

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).